Health and Wellness Nurse

Job Description

Department: New Life Ministry

Work Location: Shepherd’s Door and The Harbor

Reports to: Manager of New Life Community

Compensation Code:

Employment Status

- ☑ Full Time
- ☐ Part Time
- ☑ Regular
- ☐ Non-exempt
- ☑ Temporary
- ☐ Exempt
- ☐ On Call

Effective Date: October 2020

Typical Hours Required: 2-5 weekdays, 8:00-4:30

NEW LIFE MINISTRIES

The Harbor and Shepherd’s Door are communities of refuge and restoration that cultivate understanding, healing and purpose in the lives of men, women and children who have suffered from homelessness, addiction and other life traumas. The one-year, Christ-centered residential program integrates addiction recovery, life skills training, vocational development and spiritual growth in a safe, highly relational environment. The ministry team of staff and volunteers serves to model Christ-like living to support the up to 38 men and 42 women and 25 children participants in achieving lasting transformation.

GENERAL DESCRIPTION OF WORK

The Health and Wellness Nurse is responsible to advance the overall health and wellness of all Shepherd’s Door (SD) and The Harbor (TH) program participants resulting in their holistic growth towards life transformation. The Health and Wellness Nurse will:

- Ensure that all SD and TH program participants experience growth in understanding and application of health and wellness resulting in growth on the Illness-Wellness continuum;
- Ensure that all SD and TH program participants address urgent and preventative health issues, successfully navigate the health care system and are equipped for long-term success in their personal healthcare;
- Ensure that health, fitness and nutrition are an integral component of each participant’s program through collaborating with the New Life Ministries staff and creating an environment where nutrition and exercise are fun, relevant and valued.
ESSENTIAL OUTCOMES AND RESPONSIBILITIES

- Program participants demonstrate understanding and ownership of a holistic approach to overall health and wellness, taking an active role in their personal health, fitness, and nutrition resulting in growth on the Illness-Wellness continuum
- Program participants understand the essential practices for living a healthy life, a Christian perspective on health and wellness and are equipped for a long-term healthy lifestyle through formal and informal meetings and classroom education
- Program participants address urgent and preventative health care needs, overcome fears and become self-sufficient in their personal healthcare and the healthcare of their family (as needed)
- Healthcare volunteers, interns and outside organizations are mobilized to support program participant’s healthcare, providing medical and dental education and care as needed
- New Life Ministries Staff are supported with consult regarding healthcare questions in areas such as medications, significant health issues and healthcare best practices
- SD and TH health room is managed so that meds, supplies, supplements, and resources are organized, managed according to healthcare best practices and easily accessible by all staff

MINISTERIAL DUTIES

- Clearly share the Gospel in individual and group settings when opportunities present themselves in order to support spiritual healing and discipleship of all program participants
- Maintain a prayerful posture, remaining attentive to the work of the Holy Spirit, following His lead at all times.
- Engage New Life program participants with Christian care as they seek guidance and input, offer prayer and give biblical principles as it relates to health and wellness

GENERAL FUNCTIONS

- Meet one on one with each participant at regular intervals and measure progress on Illness-Wellness continuum, communicating frequently with New Life Ministries staff
- Create an environment where nutrition and fitness are valued and fun so that participants can easily participate and integrate new practices into their life in a sustainable way
- Develop, collaborate and cultivate with medical agencies to identify resources and programs that will support the program participants in their wellness goals and needs
• Collaborate with NLM Leadership to maintain awareness of potential community healthcare threats that could impact program participants, volunteers and/or staff
• SD and TH staff are equipped to participate in the health, fitness and nutrition of each program participant by having access to current information regarding the growth of each participant through the use of the available documentation tools (DAP case notes, growth plan and program workflow) in the Resident Tracker Database
• Review participant medical documents, emergency forms and med sheets as needed, to provide needed clarification and support to staff and participants
• All program participants, volunteer staff and visitors entering SD and TH consistently experience the Portland Rescue Mission ministry culture of Highly Relational, Christ-Centered, Joyful Servants through modeling, teaching, and encouragement.
• A peaceful and calm atmosphere is cultivated by staff who are actively collaborating through conflict or difficult situations, viewing challenges as opportunities, and serving as examples for all members of the PRM community, especially in regard to resolving personal conflicts promptly
• New Life Ministries staff collaborate to discern changes in individual and community health and quickly respond with compassion and wisdom
• New Life Ministries participants learn and grow through classes and groups by utilizing New Life Ministries curriculum and strategies according to the needs of the community
• Program participants receive consistent and fruitful care in compliance with the New Life Ministries manual, foundational ministry principles and strengths-based approach, resulting in the accomplishment of the PRM Ends Statement
• Cultivate grateful service by celebrating God’s transformational grace at work in people’s lives and the community

**KNOWLEDGE, SKILLS & ABILITIES**

• College degree in related field or experience equivalent
• Oregon Licensed Registered Nurse (RN) or Licensed Practical Nurse (LPN)
• General awareness and basic knowledge of chemical dependency and addiction recovery
• Acts with integrity, honesty and knowledge to promote the culture, values and mission of Portland Rescue Mission
• Prompt and thorough in job performance, self-starter
• Demonstrated ability to be a team player
• Ability to effectively handle multiple tasks as assigned
• Creative and logical problem solving, able to learn quickly
• Experience in Mac and Microsoft Windows software
• Ability to lift at least 50 lbs. unassisted
• Proficient in communication, documentation, organization, scheduling and group and classroom participation
• Experience in using databases and case notes

PERSONAL ATTRIBUTES & VALUES
• A personal relationship with Jesus Christ as Savior and a testimony of continued growth in faith
• Spiritual maturity as defined by traditional Biblical standards
• Adheres to Portland Rescue Mission’s Statement of Faith and Code of Ethics
• Desire to serve God in ministry to hurting men, women and children
• A pleasant, gentle, gracious manner toward others
• Composed and professional

EQUIPMENT USED
• Telephone, fax and voice mail
• Computer
• Copier and related office equipment

OTHER DUTIES AS ASSIGNED
In this and any position with Portland Rescue Mission, it is impossible to predict the many requests and assignments that can and will be made on an employee. Flexibility and a cooperative spirit are crucial characteristics of the person who holds this important position and for the successful operation of Portland Rescue Mission services.

MISSION STATEMENT
We share the Word of God and demonstrate the love of Christ to transform the lives of people experiencing homelessness or addiction.